Determination of optimum insulation and cement plaster thickness for bungalow buildings through a simulation-statistical approach using response surface methodology

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Insulating interior side of external wall and finishing by cement plaster is one of the most appropriate methods of reducing annual energy consumption in available buildings. The aim of this study is to determine the optimum expanded polystyrene (EPS) and cement plaster thickness for bungalow building in Malaysia. The present study evaluates the effect of different thermal insulation and interior cement plaster thicknesses on the annual cooling energy consumption. Furthermore, the optimum thickness of EPS and plaster is estimated based on wall type and building orientation. Two different types of walls made of concrete and brick are considered. EPS and plaster were used in the range of 20 to 100 mm and 0 to 20mm, respectively. The results show that both thermal insulation and plaster thickness have a direct effect on annual cooling energy consumption, however, the influence of wall thermal insulation thickness is more significant than cement plaster thickness. Further, the optimum EPS thickness decreases with the increment in cement plaster thickness for different orientations and wall types. The optimum EPS thickness ranges from 31.5 mm to 53.1 mm based on wall type, orientation and cement plaster thickness. Utilizing optimum EPS and cement plaster thicknesses can thus reduce annual energy consumption by about 6 to 12% in different directions.

Keywords: Thermal Insulation, Cement Plaster, Energy Consumption, Simulation, Response Surface Methodology (RSM)

1. INTRODUCTION

Total end-user energy consumption is linked to the transportation, industrial, residential, commercial and other sectors with contributions of 30%, 29%, 27%, 9% and 5%, respectively (Parameshwaran et al., 2012). One-third of the total energy consumption and 30% of greenhouse gas emissions are attributed to buildings in most countries (Martínez-Molina et al., 2016; D. Zhang et al., 2004). Finding new means of saving energy in the building sector is essential due to the limited natural energy sources and rise in population (Shafigh et al., 2018) . Fabric and ventilation heat transfer are two reasons for heat loss in buildings. Fabric heat loss is related to conduction heat transfer through walls, roofs, windows and floors.

Ventilation heat loss is a type of convective heat transfer whereby air is replaced by heating, ventilation, and air conditioning systems.

In Malaysia, residential buildings consume about 19% of the total energy (Saidur et al., 2007). The average building energy index (BEI) in south-east Asia is about 233 KWh/m²/year, whereas the Malaysian average is 269 kWh/m²/year. Around 45% up to 70% of the energy consumed by Malaysian buildings is attributed to cooling equipment (Hassan & Al-Ashwal, 2015; Rahman et al., 2008). However, cooling energy consumption may be reduced by limiting the amount of heat transfer through the building envelope (Mirrahimi et al., 2016). Using materials with high heat resistance in the building envelope is a suitable method of

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reducing the annual cooling load and peak cooling demand for buildings in hot and humid regions. Hassan and Al-Ashwal (Hassan & Al-Ashwal, 2015) reported that exterior wall thermal insulation facilitates significant reductions in annual cooling energy by up to 20% in Malaysian buildings. However, Iqbal et al. (Iqbal & Al-Homoud, 2007) reported only 2% energy savings by increasing the insulation thickness from 50 to 75 mm.

Thick insulation reduces energy consumption, although it increases construction costs and reduces internal spaces. Hence, it is vital to identify the optimum thickness for thermal insulation. Expanded polystyrene (EPS), extruded polystyrene (XPS), polyurethane (PUR), mineral wool (MW), foam glass (FG) and glass wool (GW) are commonly used insulation materials in the construction industry (Braulio-Gonzalo & Bovea, 2017). Various studies have evaluated the optimum thickness of insulation materials. Axaopoulos et al. (Axaopoulos et al., 2015) evaluated the most economic optimum insulation thicknesses of numerous insulation materials utilized in the external walls of buildings in Cyprus with different orientations and wall topologies. They reported optimum insulation thicknesses for various wall topologies and orientations from 42.5 to 155 mm. Al-Sanea et al. (Al-Sanea et al., 2016) considered economic, optimum insulation thicknesses for a range of wall topologies comprising different thermal insulation materials in a number of cities in Saudi Arabia. They revealed that the optimum thickness varies from 20 mm to 84 mm depending on the climate and type of insulation.

Mahlia and Iqbal (Mahlia & Iqbal, 2010) revealed that the optimum insulation thickness is between 15 to 60 mm depending on the air gap thickness and insulation material. Dombaycı (Dombaycı, 2007) reported that the optimum insulation thickness is about 95 mm in buildings in Turkey. However, another study indicated that the optimum insulation thickness in Turkey ranges from 10 to 70 mm depending on fuel type and weather conditions (Ucar & Balo, 2009). Yu et al. (Yu et al., 2009) reported optimum thicknesses of different insulation types in the range of 50 to 230 mm. Ashouri et al. (Ashouri et al., 2016) found that the optimum thickness varies from 94 to 220 mm based on wall thickness and insulation type.

Mahlia et al. (Mahlia et al., 2007) reported that the optimum insulation material thickness is around 40 to 100 mm. In addition, they proposed the following correlation between thermal conductivity and thermal insulation material thickness:

 $x_{opt} = a + bk + ck^2 \qquad (1)$

Where x is the insulation thickness (m), k is the thermal conductivity of the insulation (W/m[°]K), a = 0.0818, b = -2.973 and c = 64.6.

EPS is a white foam plastic insulation material, is manufactured by expanding which polystyrene. The cost of EPS varies from 6.54 €/unit to 47.97 €/unit, while the commercial thickness ranges from 30 to 220 mm. The thermal conductivity, density and specific heat capacity of EPS are in the ranges of 0.029-0.037 w/m.k, 15-75 kg/m3 and 1-1.25 kj/kg.k, respectively (Schiavoni et al., 2016) . Braulio-Gonzalo and Bovea (Braulio-Gonzalo & Bovea, 2017) reported that the optimum EPS thicknesses are 110 mm, 90 mm and 50 mm when used as roof, façade and floor insulators, respectively. Ozel (Ozel, 2011) revealed that the optimum EPS thicknesses are 74 mm and 82 mm for concrete and brick structures, respectively. According to Derradji et al. (Derradji et al., 2017), the optimum EPS thickness is between 10 and 25 mm.

Cement mortar (surface mortar) is plastered on building surfaces to prepare durable, smooth surfaces. Numerous studies have referred to diverse types of plaster used as wall finishing. Most researchers have focused on insulation thickness variations and assumed a constant thickness for plaster. Simona et al. (Simona et al., 2017) employed 8 and 20mm plaster for different parts of a wall. Ozel (Ozel, 2011) and Ji et al. (Ji et al., 2017) considered 20mm thick plaster for walls. Ashouri et al. (Ashouri et al., 2016) considered the optimum insulation thickness for a brick wall containing 10 mm and 20 mm plaster inside and outside, respectively. Roberz et al. (Roberz et al., 2017) and Naji et al. (Naji et al., 2014) selected 10mm plaster as wall finishing.

Based on the available literature, the optimum thickness of insulation materials varies according to wall thickness, wall topology, building orientation, weather conditions, insulation type and wall type. It appears from the literature that no study has evaluated the effects of cement plaster thickness on the optimum wall insulation thickness and building energy consumption. In the most available studies the thickness of cement mortar considered constant and the effect of this layer of wall on total heat transfer through walls has not been considered. Hence, the aim of this study is to evaluate the effect of both thermal insulation thickness and cement plaster thickness on the annual energy consumption of an air-conditioned bungalow. Another objective of this research is to determine the optimum EPS thickness for Malaysian buildings based on wall type, orientation, and cement plaster applied within. The results indicate potential energy savings for bungalows with different orientations.

To fulfil the objectives, the annual energy consumption of a tropical single-story bungalow is simulated while the walls containing EPS and cement mortar in different thicknesses. Then, the achieved data of simulation are inserted to the design expert software to find the optimum thickness of EPS and cement mortar through RSM. Finally, the amount of energy consumption reduction of building in present of optimum thickness of EPS and plaster is calculated.

2. MATERIALS AND METHOD

2.1. Climate conditions and comfort temperature

The geographic location of Kuala Lumpur as the capital of Malaysia is at latitude 3.13N and longitude 101.68[°]E (Fig. 1). Malaysia's tropical climate is hot and humid. The insolation (solar radiation energy shining on a horizontal surface) in Malaysia is depicted in Fig. 3. Data obtained for a ten-year period shows that outdoor temperatures are relatively uniform with average temperatures between 23.7°C and 31.3°C throughout a day with the highest maximum recorded of 36.9°C. The average relative humidity throughout a day is between 67% and 95% (Asadi et al., 2014b). Regarding the Malaysia climate, cooling systems are considered among the principal energy consumption aspects in the building sector.

Based on the Department of Standards Malavsia, indoor temperatures should be in the range of 23°C to 26°C in an air-conditioned room (Jamaludin et al., 2015). Ahmad and Szokolay (Ahmad & Szokolay, 2007) revealed that the comfort temperature is between 23.6C and 28.6C in air-conditioned apartment buildings in Malaysia. Asadi et al. (Asadi et al., 2014a) reported that the comfort range is between 23.1°C and 24.7°C and the acceptable range is 22.6°C to 25.3°C for air-conditioned university classrooms. Mahila et al. (Mahlia et al., 2007) selected 21°C as the indoor comfort temperature to calculate the optimum insulation material thickness in commercial Malaysian buildings; however, other studies reported 23.9°C (Asadi et al., 2014a) and 22.5°C (Yau et al., 2013) as the neutral air temperature at UNITEN university and the National Museum of Malaysia, respectively.



Figure 1 - Geographic location of Kuala Lumpur.



Figure 2- Daily average low and high temperatures with percentile bands (Mirrahimi et al., 2016).



Figure 3- Malaysian map of yearly insolation (Muhammad-Sukki et al., 2011).

2.2 Heat transfer and wall configuration

2.2.1 Governing heat transfer equations

Heat transfer is a vector quantity that occurs through conduction, convection and radiation (Incropera & DeWitt, 1985). Conduction heat transfer in solids is a mixture of molecule vibrations and energy transport by free electrons (Bhattacharjee & Krishnamoorthy, 2004). The energy consumption in buildings is extremely dependent on the thermal conductivity values of the building materials. Thermal conductivity is a property of a material, which demonstrates its heat conduction capability (Asadi et al., 2018; W. Zhang et al., 2015). In convection, heat flows through the movement of liquid or gas molecules (between solids and fluids). In radiation, heat flows through electromagnetic waves.

The rate of total heat lost or gained by a building surface through conduction, convection and radiation can be calculated using Eq. 2.

$$q(t) = \sum_{i} A_i U_i [T_i - T_o(t)]$$
(2)

Where A_i is the building component surface area, Ui is the U value of each building

component, T_i is the indoor temperature and T_o is the temperature of the ground and the outside air.

The U value of a wall is calculated by:

$$U = \frac{1}{R_t} \tag{3}$$

Where R_t is the wall's total heat resistance given by:

$$R_{t} = \frac{1}{h_{i}} + \left(\sum_{i=1}^{n} \frac{l_{i}}{k_{i}}\right) + \frac{1}{h_{o}} \qquad (4)$$

Where h_i and h_o are the inside and outside heat transfer coefficients, L is the layer thickness and k is the thermal conductivity of the related material.

2.2.2 Wall configuration

Two different walls were designed for use as exterior walls in a bungalow building. The first consists of 200mm concrete and the second is made of 200mm brick. Both walls' exterior surfaces were covered with 10 mm of cement plaster. The interior surfaces contained expanded polystyrene (EPS) as the thermal insulation material and cement plaster coating ranging from 20 mm to 100 mm and 0 mm to 20, respectively (Fig. 4). The length and thermal properties of the designed walls are summarized in Table 1.

Wall layer	Thickness (mm)	Thermal conductivity (W/mK)	Heat capacity (KJ/KgK)	Density (Kg/m ³)
Cement plaster	10	0.72	0.84	1860
Concrete	200	2.3	0.83	2500
Brick	200	0.45	1	1200
EPS	20-100	0.03	1.5	20
Cement plaster	0-20	0.72	0.84	1860

Table 1- Size and thermo-physical properties of the materials employed.





The total thermal resistance of a wall is calculated as follows:

$$R_{t} = \frac{1}{h_{o}} + \frac{L_{CO}}{K_{Co}} + \frac{L_{w}}{K_{w}} + \frac{L_{th}}{K_{th}} + \frac{L_{Ci}}{K_{Ci}} + \frac{1}{h_{i}}$$
(5)

The L and K values for the different layers are available in Table 1. The convective heat transfer coefficients for internal and external building surfaces are functions of building geometry, local airflow patterns, building facade roughness, building surroundings and temperature differences. Different equations for calculating the convective heat transfer coefficient of walls based on air velocity are presented in (Emmel et al., 2007). 2.3 Statistical analysis and optimization

Factorial design analysis and response surface methodology (RSM) are deemed suitable tools to determine the optimal conditions (Gheshlaghi et al., 2008). RSM was originally presented for modeling in experimental studies and was subsequently utilized to address numerical simulation modeling. RSM prospect the relation between the variables and one or more response. RSM includes statistical and mathematical techniques based on the fit of obtained data to the polynomial equation.

In experimental tests, inaccuracies during measurements can be the result of errors. Though in computer simulation, round-off errors, inadequate convergence of iterative processes, or the discrete representations of continuous physical phenomena are sources of numerical noise (Tabatabaeikia et al., 2016).

Design-Expert software version 7.0.0 was used to design a simulation model as well as to analyze and optimize the statistical results. The impact of four factors, including indoor cement plaster thickness, heat insulation thickness, wall type, and building orientation on the annual cooling energy consumption was examined using analysis of variance (ANOVA).

The simulation design employed in this study is the Central Composite Design (CCD) with three levels (+1, 0, -1) for two numeric factors including cement plaster and thermal insulation thicknesses. In addition, the model consists of wall type and building orientation as the categorical variables.

2.4 Cooling energy consumption simulation

2.4.1 Sample building

A typical sample of a tropical single-story bungalow constructed in Malaysia is shown in Fig. 5. The footprint area of the building is about 180 m^2 . It consists of three bedrooms (one master room + two normal rooms), one small room, kitchen, restrooms, a dining room and a living room.



Figure 5- Indoor space layout

2.4.2 Energy modeling in eQUEST

Recently, several building performance simulation software with different simulation engines have been utilized to analyze the energy consumption of buildings. Building energy simulation is an adequate technique to evaluate diverse construction material choices and architectural design decisions and to analyze the energy performance of buildings (Asadi et al., 2017). Data exchange reliability and userfriendly interface are the main features of a practical simulation software.

eQUEST is a helpful graphical user interface for the DOE-2 engine. DOE-2, as one of the greatest general programs for building simulation. This software is capable of modeling building energy consumption in reasonable of short time in case of large buildings. In the present study, eQUEST 3.65 was applied. First, the schematic design wizard (SD) was selected to simulate the building envelope. A summary of the input data is available in Table 2. The building envelope designed was transferred to the design development wizard (DD) to define different HVAC systems and assign related thermal zones.

To simplify the model, two thermal zones were designed. One zone consists of the living, dining and master rooms as the air-conditioned zone and the second zone entails the rest of the house as mechanically ventilated areas. Based on the literature, most air-conditioned houses in Malaysia utilize cooling systems in the master bedroom and living area, especially during the night. A daily average of 6 hours of air conditioning have been reported (Sabouri & Zain, 2011). In this study, a split system with DX cooling and a direct return air path was designed for the air-conditioned zone. The cooling thermostat was designed with 24°C while the fan (on) mode is intermittent. The simulated building is occupied from 6 pm to 9 am on weekdays and the entire day on weekends. A summary of HVAC systems is presented in Table 3. The building and HVAC system simulated by eQUEST for energy consumption analysis are shown in Fig. 6. Finally, detailed eQUEST data were employed to simulate annual cooling energy consumption. eQUEST was run 72 times for different U values of the external walls and different orientations according to design expert suggestions.

Table 2 - Summary of input data in eQUEST

Input parameters	Simulation specifications		
Building type	Multifamily, low-rise		
Shell area	180 m ²		
Number of floors	1		
Weather file	K-LUMPUR.BIN		
Type of roof	Pitched roof		
Roof construction	Layer-by-layer(clay tile-		
	concrete slab-cement		
	mortar-finish)		
Heat transfer of wall	Overall U-value		
Door/window type	Opaque/Double		
	reflective		
Overall time of air	6 h		
conditioner usage			
Overall time of	24 h		
ventilation usage			

Table 3- Summary of HVAC systems

	Types of HVAC		
Parameters	Split Direct expansion (DX)	Ventilator	
Cooling source	DX coil		
Heating source			
Return area path	Direct		
Cooling design temperature	24°C		
Cooling supply temperature	1 <i>3</i> °C		
Minimum design flow	2.54 l/s.m ²	2.54 l/s.m ²	
EER	8.5		

Figure 6- Simulated building and HVAC system: (a) 2-D geometry, (b) 3-D geometry, (c) cooling system and (d) ventilation system.



3. RESULTS AND DISCUSSION

3.1 Statistical results

The results obtained from eQUEST were inserted into the Design-Expert software to carry

High High Low Low Std. Factor Name Units Туре Mean Actua Actual Coded Coded Dev Cement 0 8.165 A plaster mm Numeric 20 -1 1 10 thickness Thermal В 20 100 60 32.660 insulation mm Numeric -1 1 thickness С Type of wall Categoric Concrete Brick Levels: 2 ------------D Orientation ____ Categoric North South ____ ____ Levels: 4 Std. Response Name Units Obs Analysis Min Max Mean Ratio Dev. Annual cooling Y1 KWh 72 Polynomial 2018.9 2324 2113.88 88.22 1.15 energy consumption

Table 4 - Input and output summary of Design-Expert

Design-Expert software suggested a quadratic model to generate the response surface. This suggestion is based on the amount of adjusted R^2 (0.989) and predicted R^2 (0.986), which are close to 1 (Table 5). The mathematical models

between the response (annual cooling energy consumption) and independent variables (type of wall, orientation, cement plaster thickness, and thermal insulation thickness) are represented in Table 6.

Table 5	5 - 1	Model	comparison	hased	on	R-square
r aute .	/ - J	widuci	comparison	Dascu	on	K-square

Source	Dev.	R-Squared	Adjusted R-Squared	Predicted R-Squared	PRESS	
Linear	33.1918	0.8722	0.8604	0.8440	87390.09	
2FI	30.2020	0.9137	0.8844	0.8529	82390.25	
Quadratic	9.0800	0.9924	0.9895	0.9861	7767.42	Suggested
Cubic	4.9247	0.9986	0.9969	0.9927	4057.03	Aliased

 Table 6 - Correlation between annual cooling energy consumption and cement plaster thickness, and thermal insulation thickness for different walls with different orientations

Type of wall	Orientation	Annual cooling energy consumption equation		
	North	2392.815 - (0.638 A) - (6.845 B) + (0.003 AB) + (0.008 A^2) + (0.032 B^2)		
Concrete	West	2377.979 - (0.591 A) - (6.804 B) + (0.003 AB) + (0.008 A ²) + (0.032 B ²)		
	East	2330.645 - (0.626 A) - (6.353 B) + (0.003 AB) + (0.008 A^2) + (0.032 B^2)		
	South	2454.417 - (0.951 A) - (7.113 B) + (0.003 AB) + (0.008 A^2) + (0.032 B^2)		

out the statistical analysis and optimization based on RSM. Analysis of variance (ANOVA), a reliable way to analyze fitted model quality, makes a comparison between the deviation caused by the treatment and variation caused by random errors. The design summary is given in Table 4.

	North	2298.671 - (0.405 A) - (5.903 B) + (0.003 AB) + (0.008 A^2) + (0.032 B^2)
Brick	West	2285.590 - (0.358 A) - (5.863 B) + (0.003 AB) + (0.008 A^2) + (0.032 B^2)
впск	East	2239.476 - (0.393 A) - (5.412 B) + (0.003 AB) + (0.008 A ²) + (0.032 B ²)
	South	2352.872 - (0.718 A) - (6.172 B) + (0.003 AB) + (0.008 A^2) + (0.032 B^2)

Fig. 7 and Fig. 8 represent the interaction effects of cement plaster thickness and thermal insulation thickness for different orientations and walls on annual cooling energy consumption. The 3D surface graphs indicate that the influence of thermal insulation thickness is more significant than cement plaster thickness on the amount of annual cooling energy consumption.

Figure 7 - Concrete wall building: Interactions of cement plaster thickness and thermal insulation thickness with annual cooling energy consumption (KWh) for different orientations.





2018.9

Figure 8- Brick wall building: Interaction of cement plaster thickness and thermal insulation thickness with annual cooling energy consumption (KWh) for different orientations.

3.2 Optimization

Although thick insulation reduces annual energy consumption, material costs and indoor space are two controversial issues. In order to achieve minimum annual energy consumption, a precise design optimization study was carried out by utilizing RSM, which consists of mathematical and statistical optimization methods. The optimized design is based on minimum usage of thermal insulation between 20 and 100 mm and minimum energy consumption, while the cement plaster thickness ranges from 0 to 20 mm for various orientations. The results indicate that minimum energy consumption is achievable for the east-oriented bungalow constructed with brick wall containing 31.51mm EPS and 16.39mm cement plaster in the wall interior (Fig. 9). To determine the optimum insulation thickness for the available buildings, the optimization process was repeated for each orientation and type of wall. The optimized design is based on minimum usage of thermal insulation between 20 and 100 mm and minimum energy consumption, while the cement plaster thickness ranges from 0 to 20 mm for the

selected orientations and walls (Table 7). Fig. 10 and Fig. 11 present the relations between optimum insulation thicknesses and indoor cement plaster thicknesses in the 0 to 20 mm range.



Figure 9 - Optimum design suggested based on optimization.

Table 7- Annual cooling energy consumption based on the optimum thermal insulation thicknesses for different walls and orientations.

Type of wall	Orientation	Optimum thermal insulation thickness (mm)	Thickness of inside cement plaster (mm)	Annual cooling energy consumption (KWh)
	North	47.8	20	2134.51
Comonto	West	46.5	20	2127.28
Concrete	East	41.6	20	2116.83
	South	53.1	20	2157.23
	North	38.4	15.6	2118.38
Brick	West	37.1	13.20	2111.56
	East	31.5	16.39	2099.17
	South	43.3	20	2139.22

Figure 10- Concrete wall building: Relation between optimum insulation thickness (mm) and cement plaster thickness (mm).



Figure 11 - Brick wall building: Relation between optimum insulation thickness (mm) and cement plaster thickness (mm).



Finally, the amount of annual cooling energy reduction was achieved by comparing the energy consumption in buildings when excluding EPS and cement plaster, and including EPS and cement plaster

in optimized amounts. According to Fig. 12 and Fig. 13, using optimum EPS insulation thicknesses can reduce energy consumption by about 9 to 12% and 6 to 9% with concrete and brick walls, respectively.



Figure 12 - Annual cooling energy consumption of concrete buildings including and excluding EPS and plaster

Figure 13 - Annual cooling energy consumption of brick buildings including and excluding EPS and plaster.



4. CONCLUSIONS

Residential buildings in Malaysia are responsible for about 19% of the total energy consumption. Heat transfer through the building envelope is considered one of the main reasons for energy expenditure in the building sector. Wall material type and topology, building orientation and material type, insulation thickness and wall finishing affect the heat transfer and energy consumption of buildings. Adding thermal insulation to the interior surface of external walls and covering the interior and exterior sides of walls with some finishing such as cement plaster are useful strategies to reduce energy consumption of existing buildings. It is vital to consider the optimum thickness of thermal insulation to reduce material costs keeping in view environmental impacts and internal spaces. This study was carried out to examine the effects of thermal insulation and cement plaster thickness on the annual cooling energy consumption of a bungalow building in Malaysia and to find the optimum thickness of EPS based on wall type, building orientation and cement plaster thickness. eQUEST software was used to simulate the annual cooling energy consumption of a bungalow building based on different U values of two types of walls of different sizes and orientations. Design-Expert software was used to design, analyze and optimize the statistical results.

The quadratic equations and 3D surface graphs indicate that the influence of EPS thickness is more significant than cement plaster thickness on annual cooling energy consumption. The optimum EPS thickness decreases with the increment in cement plaster thickness for different orientations and wall types. The optimum EPS thickness ranges from 31.5 mm to 53.1 mm based on wall type, orientation and cement plaster thickness. Therefore, utilizing the optimum EPS thickness and cement plaster on the interior side of external walls decreases the annual cooling energy consumption from 6 to 12% according to wall type and orientation.

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